

FIGHTING PROTECTION OPEN IHC EUROPEAN HAPKIDO CHAMPIONSHIP 2024

ALLOWED PROTECTION: ALWAYS MADE FROM SOFT MATERIAL;

HEAD



LEG/FEET



HAND



U18 MANDATORY, 18+ RECOMMENDED
VISOR / CAGE: NOT ALLOWED

LOOSE LEG AND FOOT PROTECTION ONLY IN COMBINATION!



UNDERARM PROTECTION ONLY IN COMBINATION WITH HAND PROTECTION



GROIN GUARD: ALL COMPETITORS



MOUTH GUARD



BREAST PROTECTION: OPTIONAL



FORBIDDEN PROTECTION!!;

LEG/FEET:



FEET/TOES NOT FULLY PROTECTED!



HAND/FIST; MMA: FINGERS FULLY OPEN



BODY PROTECTOR



Hand wraps under the gloves are not permitted